

# Nish's Beauty Room

## Treatment Menu & Price List



## LIP & BROWS

We are pleased to offer both waxing and threading for our lip and brow treatments. Both techniques are safe, effective and remove hair from the root; it's just personal preference!

Eyebrows	£10
Lip	£10
Chin	£10
Lip and chin	£15
Eyebrows and lip or chin	£15
Eyebrows, lip and chin	£20

# ST TROPEZ

## SPRAY TANS - £ 2 0

We are proud to offer St Tropez, one of the best non-UV tans around. St Tropez delivers a beautiful, natural and even tan every time. It is the first choice for professionals and beginners all over the world.

We recommend a full body exfoliation and any hair removal to be done 24 hours prior to your appointment. We advise that you arrive for your appointment wearing loose, dark clothing and with no moisturiser, deodorant or make - up on the skin. For best results, leave your tan on for at least 6 - 8 hours or sleep in it overnight and wash it off the next day.

# TINTING & EYELASH EXTENSIONS

A patch test is required for all tinting and eyelash extension treatments at least 24 hours prior to your appointment.

AH Francis professional eyelash extensions come in a range of lengths and thicknesses for a custom fit. Our individual express lashes are designed to last up to 2 weeks. For the benefit of your natural lashes, we do not offer an infill service on our eyelash extensions; it is recommended to have all of the lashes removed and to have a new set put on every 2-3 weeks.

Eyebrow Tint	£10
Eyelash Tint	£12
Eyelash and Eyebrow Tint	£18
Eyebrow Shape, Tint & Eyelash Tint	£25
Express Eyelash Extensions	£40
Eyelash Extensions Soak off	from £5

# NAILS

Please allow at least one hour for nail polish to dry and remember to bring your flip flops for pedicure treatments. We have a range of nail polish colours for you to choose from however you are welcome to bring your own if you wish.

## MANICURES

**File & Polish on fingers** £15

**Express Manicure** £20

Includes shaping of the nails, cuticle work and polish.

**Luxury Manicure** £30

Includes shaping of the nails, cuticle work, hand exfoliation and massage, luxury heated mittens and finished perfectly with your choice of polish.

## PEDICURES

**File & Polish on toes** £15

**Express Pedicure** £20

Includes hard skin removal, shaping or clipping of the nails, cuticle work and polish.

**Luxury Pedicure** £30

Includes hard skin removal, shaping or clipping of the nails, cuticle work, foot scrub and massage, luxury heated booties and finished perfectly with your choice of polish.

# NAILS

CND Shellac is the original 'power polish'. It combines the ease of polish with incomparable high-gloss shine and extended 10-day+ wear. This fantastic gel polish requires zero drying time meaning you can grab your keys and carry on with your day as soon as your nails are done!

All of our nail polish and gel polish applications are either block colours or French, we do not provide a Nail Art service.

## Shellac Manicure £25

Includes shaping of the nails, cuticle work, gel polish application and finished perfectly with a moisturising cuticle oil.

## Shellac Pedicure £25

Includes shaping or clipping of the nails, cuticle work, gel application and finished perfectly with a moisturising cuticle oil.

## Soak off service from £5.00

If you have had a CND Shellac treatment with us and are having the gels soaked off and re-done, we do not charge for a soak off service. If you have had a CND Shellac treatment with us and are having them soaked off, we charge £5. We charge from £5 to soak off any gel polish that has been done elsewhere.

# HAIR REMOVAL

## MALE GROOMING

Back	£25
Chest	£25

## ARM WAXING

Underarms	£10
Full Arms	£20
Half Arms	£10

## BIKINI WAXING

<b>Bikini Line</b>	£10
Removes hair from just inside the natural pant line.	
<b>High Bikini</b>	£15
Removes any hair that would show outside a G-string style pant; a lot more than a bikini but not quite a Brazilian.	
<b>Brazilian</b>	£23
All hair is removed from the front and back apart from a small strip at the top.	
<b>Hollywood</b>	£26
This wax leaves you totally hair free.	

# HAIR REMOVAL

## LEG & BIKINI WAXING

Half leg	£20
Half leg and Bikini Line	£25
Half leg and High Bikini	£27
Half leg and Brazilian	£30
Half leg and Hollywood	£35
Full leg	£25
Full leg and Bikini Line	£30
Full leg and High Bikini	£35
Full leg and Brazilian	£40
Full leg and Hollywood	£45



# M A S S A G E T R E A T M E N T S

Be sure to have all your stresses and strains dissolved away. All of our massages are completely tailored to your specific needs combining traditional Thai, Aromatherapy, Swedish and Deep Tissue techniques.

Back massage (25mins) £30

Full body massage (55mins) £50

Full body massage (85mins) £65

All 3 of the above hero treatments release tension held in every part of the body, leaving you feeling deeply relaxed and recharged. Carefully applied pressures and lymphatic drainage helps to stimulate the nervous system, improve circulation and relieve muscular tension.

Indian head massage (45mins) £40

This treatment helps to melt away tension that we store in our upper body, allowing us to clear our minds and calm our worries. We work on releasing tension in the back, neck, shoulders, face and scalp.

Head in the clouds (25mins) £30

This relaxing massage around the back of the neck, shoulders, decollate, forehead and scalp, relieves tension we store from everyday living. A winner everytime!

# FACIAL THERAPY

Elemis are an award-winning luxury British spa and skincare brand. Successfully combining natural active ingredients with cutting-edge technology has enabled Elemis to bring to the market some of the most influential anti-ageing products and professional spa therapies the beauty industry has ever seen.

## Express Facial (25mins) £32

A perfect introductory facial. The skin is cleansed, toned and exfoliated, then a mask is applied before the skin is moisturised, leaving your skin feeling refreshed and ready to go.

## Skin Specific Facials (55mins) £52

**Exotic Moisture Dew** – The skin is fed with thirst quenching actives to nourish and hydrate, leaving you with a healthy complexion.

**Herbal Lavender Repair** – This deeply cleansing and balancing facial will draw out impurities, reduce unwanted shine, refine pores and treat breakouts.

**Fruit Active Glow** – Bring back the glow to lifeless skin. Powerful conditioning actives renew the skin and bring back vital radiance.

# Nish's Beauty Room

19 High Street  
St Albans  
AL3 4EH

[www.nishsbeautyroom.com](http://www.nishsbeautyroom.com)

01727 853 865



Please note: We accept cash payments only

## **OPENING HOURS**

Sunday & Monday: Closed

Tuesday: 9am – 6pm

Wednesday & Thursday: 10am - 8pm

Friday & Saturday: 8am – 4pm